# Program Focus and Philosophy

The Sisters Program helps women in the street-based sex trade find hope and live healthier and safer lives through a harm reduction and housing-first approach.

## **Our Approach**

- Respectful, non-judgmental, supportive
- Meet basic needs and access immediate resources
- Trauma informed
- Evidence based and evidence informed
- Harm reduction minded
- Housing first approach
- Empowerment focused
- Culturally responsive
- Guided by client suggestions and feedback

Many women at the Sisters Program have dealt with violence all their lives including childhood sexual abuse, repeated sexual assaults as a teen and adult, violent relationships and past experiences of being trafficked as well as current traffickers controlling them.

In addition, many of the issues women face are systemic harms — poverty, substance use disorders, and homelessness — that require community solutions like more affordable housing, more living-wage jobs and changes to policies that stop women from making progress in their lives. Milwaukee struggles with key resource gaps and barriers in these same areas.

Our program is prepared to help women find safety and healing while advocating for adequate, affordable and accessible housing, drug treatment, trauma counseling, and prevention of violence against women.



## **Program Services At-a-Glance**

#### Outreach

Two full-time staff members in outreach van

- Food, hygiene, supplies
- Invitation to the Drop-In Center
- Mobile case management and housing advocacy
- Crisis support
- Non-judgmental, supportive relationship building
- Focus areas on North and South sides of Milwaukee (police districts 2 & 3)

### Two Drop-In Centers

Three full-time staff at each location, including site coordinator, counselor and case manager

- Hospitality space with dining table, TV lounge area, kitchen
- Participants receive food, hygiene, clothes, supplies
- Individual counseling & case management services
- Groups and workshops
- HIV/STI testing and legal clinics

#### **South Location**

209 W Orchard Street, inside Hope House (1st floor)

Hours Mon. – Thur. 9am to 3pm | Fri. 9-11am

Phone 414.346.4406

#### **North Location**

1609 W. North Avenue

Hours Mon. – Thur. 9am to 3pm | Fri. 9-11am

Phone 414.585.9994

#### **Outreach**

Hours Monday – Thursday, 10am to 3pm Phone 414.793.5883